

#### REVIEW

# **Drug repositioning for COVID-19**

# Reposicionamiento de medicamentos para COVID-19

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## Abstract

Drug repositioning is a strategy that identifies new uses of approved drugs, to treat conditions different from their original purpose. With the advance of COVID-19 and the declaration of a pandemic; It has become the closest alternative to slow the advance of the virus. Antimalarial, antiviral drugs, antibiotics, glucocorticoids, monoclonal antibodies, among others, are being studied; his findings, although preliminary, could establish a starting point in the search for a solution. In this article, we present a selection of drugs, of different classes and with potential activity to combat COVID-19, whose trials are ongoing; and as proofs of concept, double blind, event-driven add-on, would allow proposing research that generates results in less time and preserving the quality criteria for drug development and approval by regulatory agencies.

## Resumen

El drug repositioning, es una estrategia que identifica nuevos usos de medicamentos aprobados, para tratar condiciones diferentes a las de su propósito original. Con el avance del COVID-19 y la declaración de pandemia; se ha convertido en la alternativa más cercana para frenar el avance del virus. Fármacos antimalariales, antivirales, antibióticos, glucocorticoides, anticuerpos monoclonales entre otros están siendo estudiados; sus hallazgos, aunque preliminares, podrían establecer un punto de partida en la búsqueda de la solución. En este artículo, se presenta una selección de fármacos, de distinta clase y con potencial actividad para combatir al COVID-19, cuyos ensayos se encuentran en curso; y como las prueba de concepto, double blind, add-on event-driven, permitirían proponer investigaciones que generen resultados en menor tiempo y conservando los criterios de calidad para el desarrollo de medicamentos y su aprobación por las agencias reguladoras.



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None

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#### Remark

#### 1. Why was this study conducted?

In pandemic of COVID-19, researchers around the world have focused their efforts on finding the solution; drug repositioning is currently the closest response option. The review describes the repositioning treatments that aim to slow down the progression of the virus, and what are the alternatives to propose studies that balance the quality / time relationship.

### 2. What were the most relevant results of the study?

Research centers, universities and the pharmaceutical industry have mobilized to propose approved drugs with different indications, which could have an effect on SARS-CoV-2; new trials are registered every day, and countries such as China and the United States lead the number of studies proposed. It is necessary for countries and regulatory agencies to establish flexible guidelines that allow research to be facilitated without compromising quality; all the actors involved must have a proactive and updated participation. Proofs of concept, double blind, add-on event-driven, offer the necessary characteristics to obtain reliable, reproducible results in less time

### 3. What do these results contribute?

Beyond delving into the drugs that are currently being proposed for a second use; This review describes the global context of repositioning for COVID-19, and what are the proposed strategies that would allow researchers to conduct high-quality scientific trials that generate reliable and applicable results in the short and medium term.

## Introduction

The new disease caused by the coronavirus (COVID-19) was reported in the city of Wuhan, Hubei province in China, and has spread rapidly around the world. Infected patients have been reported in 210 countries. This disease was declared as pandemic by the World Health Organization on March 12th (WHO)<sup>1</sup>.

SARS-CoV-2 is a positive single-stranded RNA beta-coronavirus. Like SARS and MERS, the genome encodes non-structural proteins such as chymotrypsin type 3 protease, papain-like protease, helicase, and RNA-dependent RNA polymerase; and structural proteins such as spike glycoprotein and accessory proteins <sup>2</sup>. So far, there are no vaccines that had been approved. However, just a few weeks after the first reports of the disease, several laboratories began investigating for a vaccine that immunizes against this virus, and approximately 37 research laboratories and academic centres are currently doing so <sup>3</sup>. Vaccine development already has a starting point from the knowledge gained from the SARS-CoV and MERS epidemics and the selection of antigens based on them. However, it would take several months for a vaccine to have a consistent safety profile across populations and to mimic the immune response <sup>4</sup>.

Another option would be to develop new molecules that allow treating the disease according to its stage; however, this process could be even slower. Furthermore, de novo drug development takes place in an environment where preclinical research findings may not be replicated <sup>5</sup>. Likewise, when researching new molecules in humans, it is necessary to ask several questions that could improve the designs, and avoid some failures, such as, for example, did the drug hit the target?, did the medication change the target?, what was the dose response?, and what are the characteristics of the study patients?. To answer these questions, you need financial resources and time, which in many occasions must be abundant <sup>6</sup>.



According to the advances in technology and knowledge of human disease, the transfer of these benefits in advance has great expectations, and moreover, the challenges of the pharmaceutical industry are great and exhausting <sup>7</sup>. The costs and time required for the development of a medicine have made working with the industry less attractive to researchers <sup>8</sup>, which is accentuated by the global economic crisis secondary to the pandemic.

Due to this, the strategy that could offer results in less time, with better levels of safety and at a lower cost is known as "Drug Repurposing". This strategy consists of identifying new uses of approved drugs different from the original therapeutic indication. <sup>9</sup>. This strategy differs from "Off Label" use in that it requires research and development to gain regulatory agency approval <sup>10</sup>. It has several advantages; first, the risk of toxicity failure is low because the drug is safe enough and has been tested in preclinical and early human studies. Second, the time is reduced since preclinical and safety studies have already been carried out, and third, the necessary resources are less <sup>11</sup>. These advantages can generate a quick return on investment (300 million dollars in repositioning against 2-3 trillion dollars in the study of a new molecule) and in case of failure there is less loss <sup>12</sup>. About 3422 medicines that have been described in human clinical trials are in the marketing phase around the world, thus, the possibility of selection is wide <sup>13</sup>.

Three actors have been identified in the field of repurposing: the academy, the research institutes and, of course, the pharmaceutical industry, each with its own characteristics. In academia and research institutes, there is less need for economic or commercial success, but they depend on securing resources from the state or other funder. Furthermore, the pharmaceutical industry has the complete platform to do the trials, but they are not always motivated because many countries do not recognize second-use patents <sup>14</sup>.

Among the diseases in which researchers are using repositioning are cancer (thalidomide, metformin, chlorpromazine, digoxin, doxycycline)<sup>15-17</sup>, neurodegenerative diseases such as Parkinson's (ambroxol, amantadine)<sup>18</sup>, viral and infectious diseases (azithromycin, mycophenolic acid)<sup>19,20</sup>, asthma and allergies (ruxolitinib, imatinib, metformin)<sup>21</sup>, neuropathic pain (gabapentin, amitriptyline)<sup>22</sup>, kidney disease (levosimendan, allopurinol)<sup>23</sup> and cardiovascular-pulmonary disease (tadalafil, fasudil)<sup>24-26</sup>.

The best examples of Drug Repurposing are in the cardiovascular system, from the use of aspirin as a platelet antiplatelet <sup>27</sup> to the approval of Sildenafil, a drug previously used for erectile dysfunction that is now the first-line treatment in pulmonary hypertension. <sup>28,29</sup>.

## Therapeutic alternatives in the management of SARS-CoV-2 infection

Since the first reports of coronavirus's infections began to be known in late 2019 in China, studies have been started with drugs approved for other diseases. To date, there are 908 studies registered at www.clinicaltrials.gov, of which 560 are intervention studies that include clinical trials of repositioning in Covid-19, mostly from China.<sup>30</sup>.

Chloroquine, which was initially approved for the treatment of malaria <sup>31</sup>, and which has been studied in approximately 400 diseases (with the first trial being carried out in 1946) <sup>32</sup>, was evaluated for the treatment of SARS-CoV infection in 2003 <sup>33</sup> and now in the SARS-CoV-2 pandemic <sup>34</sup>. Hydroxychloroquine, a chloroquine analog, is a medicine widely used in the treatment of systemic autoimmune diseases <sup>35</sup>, being currently the most studied drug for treating COVID-19. Hydroxychloroquine is metabolized in the liver and is eliminated via the kidneys after 30 to 50 days. It is a 4-aminoquinolone with immunosuppressive, anti-autophagic and antimalarial properties. Although its mechanism of action is unknown, it can suppress



Severity	Drugs	Evaluation
		Related Symptoms
	Interferon Alpha-1b	Adverse Drug Reactions
	Hydroxychloroquine	RT-PCR Positive during follow-up
Prophylaxis in healthcare workers	Emtricitabine/Tenofovir + Disoproxil	Time to first clinical event
		Hospitalization / ICU requirement
		Measurement of drugs in plasma
		Related Symptoms
		Adverse Drug Reactions
Prophylaxis in general population	Hydroxychloroquine	RT-PCR Positive during follow-up
	Interferon Alpha n3	Difference in incidence of infection
		Hospitalization / ICU requirement
		Measurement of drugs in plasma
	Lopinavir/Ritonavir	
	Umifenovir	Mortality
	Colchicine	NIMV or IMV requirement
	Azithromycin + Hydroxychloroquine	Need for hospitalization / ICU
	Hydroxychloroquine	PaO2
	Anluohuaxian	C reactive protein
	Thalidomide	Lymphocyte count
	Deferoxamine	Time to clinical recovery *
	Ciclesonide	Time to negative RT-PCR
	Tranexamic Acid	Viral load SARS-CoV2
	Peginterferon Lambda-1ª	Adverse Drug Reactions
	Chloroquine	Auverse Drug Reactions
	Levamisol + Budesonide + Formoterol	
	Levallisoi + Budesollide + Formoteroi	Montolity
	Undrownshlore quine	Mortality
	Hydroxychloroquine	NIMV or IMV requirement
	Hydroxychloroquine + Azithromycin	Days in hospitalization
	Camostat Mesilate	Hospitalization / ICU requirement
	Piclinedoson	Pa02
Inpatients diagnosed with COVID19	Lopinavir/Ritonavir	C reactive protein
	Ibuprofen	Lymphocyte count
	Anakinra + Tocilizumab	Time to clinical recovery *
	Famotidine	Time to negative RT-PCR
		Viral load SARS-CoV2
		Adverse Drug Reactions
	Xiyanping	
	Lopinavir/Ritonavir + alpha-interferon	
	Carrimycin	WHO Ordinal Scale**
	Ritonavir + Oseltamivir	Mortality
	Favipiravir + Hydroxychloroquine	ICU requirement
	Pirfenidone	NIMV or IMV requirement
	Bromhexine + Umifenovir + Interferon α2b	Pneumonia severity index***
	Hydroxychloroquine + Azithromycin	Time to clinical recovery *
	Tocilizumab	Time to negative RT-PCR
	Danoprevir/Ritonavir	C reactive protein
	Bevacizumab	Lymphocyte count
Pneumonia patients diagnosed with COVID19	Escin	D Dimer
	Fingolimod	Changes in Pa/FiO2
	Baricitanib	Changes in hemoglobin
	Ganovo + Ritonavir + Interferon	Kidney and liver function
	Colchicine	Interleukin 6 levels
	IFX-1	PaO2
	Darunavir + Cobicistat	
		Changes in SOFA score
	Maviriblumab	Radiological response
	Tetrandine	Viral load SARS-CoV2
	Defibrotide	Hyperinflammation score
	Symbicort	Adverse Drug Reactions
	Tofacitinib	

Figure 1. Medicamentos estudiados en las distintas etapas de severidad de COVID-19





Severity	Drugs	Evaluation
		WHO Ordinal Scale **
		Mortality
	Lopinavir/Ritonavir + Rivabirine	IMV or NIMV days
	Hydroxychloroquine	Time until oxygen weaning
	Metilprednisolon	Pneumonia severity index***
	Eculizumab	Time to clinical recovery *
SARS	Ruxolitinib	Time to SARS-CoV2 undetectable RNA
	Tocilizumab	Hospital discharge
	Bevacizumab	Hospitalization /ICU days
	Dexamethasone	ECMO Requirement
	Aviptadil	PaO2/FiO2
	Sargramostim	D Dimer
	Remdesivir	Lymphocyte count
	Thalidomide	Changes in C3 / C4 complement factors
	Ruxolitinib	C reactive protein
	DAS-181	Kidney and liver function
		Time to negative RT-PCR
		Adverse Drug Reactions

Mechanical Ventilation, ECMO: Extracorporeal membrane oxygenation, RNA: Ribonucleic acid

\* 0: No clinical or virological evidence of infection, 1: No limitation of activities, 2: Limitation of activities, 3: No supplemental oxygen, 4: Oxygen by cannula or mask, 5: Non-invasive ventilation or high flow oxygen, 6: Mechanical ventilation, 7: Ventilation + additional organ support, 8: Death

\*\*\* SpO2  $\leq$  93% o PaO2/FiO2  $\leq$  300, respiratory rate  $\geq$  30 / min, requirement for oxygen support or ventilatory support

immune function by interfering with antigen processing and presentation <sup>36,37</sup>. It is a medicine with a higher risk / benefit than chloroquine and allows higher doses to be used. In COVID 19, 133 clinical trials are registered, taking different degrees of severity, ranging from prophylactic use in the general population and in health workers <sup>38</sup> to patients with severe acute respiratory syndrome (SARS). It is believed that, as happened with SARS-CoV, it could reduce the viral load of patients in pre and post infection stages, in addition to reducing the expression of CD154 in T cells 39.

The results obtained so far are controversial, since on the one hand it has been reported that treatment with hydroxychloroquine did not generate additional effects to standard treatment and instead increased the risk of ventilatory support <sup>40</sup>, and on the other, French researchers documented that the addition of azithromycin to hydroxychloroquine treatment can generate synergistic effects by improving the elimination of the virus. It is necessary to clarify that the previously described are preliminary studies and that they require large sample sizes to generate a definitive conclusion <sup>41</sup>. This mixture is being studied for treating patients with and without complications (Table 1).

Antivirals are other group of drugs being tested to combat the pandemic. In Wuhan, more than 85% of patients received medications such as Oseltamivir, Remdesivir, Ganciclovir, Lopinavir/Ritonavir and Ribavirin<sup>42,43</sup>. These antivirals have been combined with systemic corticosteroids and inhalation of interferon in the treatment of patients with severe complications <sup>44</sup>. Satisfactory results were achieved using Remdesivir, obtaining clinical improvement in 68% of patients with SARS, with a significant reduction in mortality, days of hospitalization and days of mechanical ventilation. This study was developed with patients from the United States, Japan, Italy, Austria, France, Germany, the Netherlands, Spain and Canada <sup>45</sup>, however, just as it happens with hydroxychloroquine, its effectiveness should be contrasted with more clinical trials and in more patients.

Immunotherapy has shown effectiveness in the treatment of infectious diseases; thus, the use of monoclonal antibodies constitutes a new stage in their prevention, due to its versatility and specificity. 46.47. Therapy with antibodies that bind to the angiotensin 2-converting enzyme



receptor may block the virus from entering the cell <sup>48,49</sup>. Currently there are 15 trials registered in *Clinical Trials* that are testing this hypothesis, using monoclonal antibodies, which are being performed only in complicated patients, none in stable patients or in prophylaxis.

Famotidine, a histamine H2 receptor antagonist; have shown effects on inmune system <sup>(50)</sup> It is currently being studied and results obtained in patients in China can generate positive expectations, currently in the United States, they are in the recruitment phase; the reduction of the mortality and its low probability of adverse effects generates an attractiveness for researchers <sup>(51, 52)</sup>. Glucocorticoids (Methylprednisolone and Dexamethasone) as monotherapy with discrete results <sup>53</sup>, or accompanying other medications such as thalidomide <sup>54</sup>; anti-inflammatories such as colchicine <sup>55</sup>, or drugs that do not yet have a clear mechanism of action such as pirfenidone, are being studied to be repositioned in Covid-19. China and the United States lead most of the trials, however, countries such as Italy, Spain, the United Kingdom, Canada, and Denmark <sup>56</sup> also participate in the search for a medicine that could change the course of a crisis that can only be compared to the world wars of the early twentieth century. With all the limitations, repositioning tests are an attractive strategy, providing the possibility of combinations that seek synergism <sup>57</sup>. The search for these treatments is an obligation acquired by science and public health.

## Research strategies to evaluate drug repositioning

There are controversies about the maximum and minimum recommendations and the essential requirements to conduct a good clinical trial of drug repositioning. The infrastructure, the preparation of products, materials, protocols, forms of reporting, databases, statistics, monitoring and reports, as well as laboratory evaluations are often insufficient <sup>58</sup> and their availability is reserved, a situation that is accentuated with the pandemic <sub>59</sub>, therefore, the maximum recommendations should be flexible when approving studies.

The COVID-19 Clinical Research Coalition initiative establishes flexible guidelines that allow research to be carried out. This initiative shows that the research agenda should not be controlled, but facilitated, for which 4 objectives are proposed: first, to facilitate rapid reviews by ethics committees and regulatory agencies; second, to facilitate permits for the importation of medicines and materials, as was done with the Ebola vaccine trials; third, to ensure simple data collection strategies sufficient to strengthen efficacy analyses; and fourth, to provide a reference framework for governments to share the results obtained before publishing in scientific journals <sup>60</sup>. Compliance with these objectives will allow studies to be carried out in shorter times and with enough resources to ensure quality. Thus, the Food and Drug Administration (FDA) in the United States <sup>61</sup>, and the INVIMA in Colombia, approved the use of hydroxychloroquine in hospitalized patients via fast track.

To move forward and generate fast and reliable results, it might be considered doing a proof of concept, double blind, add-on event-driven. In Add-On studies, one group receives the standard treatment, while the other group receive the drug to be tested in addition to the standard treatment. Using these studies, the comparison of relative or absolute efficacy could be obtained in short periods of time <sup>62</sup>. The FDA Recognizes Add-On designs in Cancer, Behavioural Disorders, HIV, and Heart Failure studies <sup>63</sup>. In this methodology processes are developed over time and results are produced that then turn into events that ultimately lead to additional results as the narrative unfolds. <sup>64</sup>.

Unlike most diseases, there are currently no proven treatments to treat COVID-19. Therefore, there are 183 registered studies that use placebo as a comparator of the drug to be repurposed <sup>65-67</sup>. The ethics committees are expected to be willing to meet the needs that the ethical conflict the placebo group generates, with enough updating to control the ethical aspects without preventing the execution of the projects. Probably there will be problems, one of them would be the entry of participants linked to the health system who could "sabotage" the study, taking



the drug without belonging to the experimental group or trying another drug at the same time in the hope of avoiding a contagion or treating the illness.

#### Conclusion

The dissemination of these findings should be responsible, avoiding anecdotal evidence <sup>68</sup>. Differences in plasma concentrations of medicines from person to person could generate more adverse reactions, and therefore, rapid clinical trials but with high scientific quality should be carried out <sup>38</sup>. While the vaccine arrives, the repositioning of medicines will continue to be the first research strategy against this crisis that has changed the rhythm of life of humanity.

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